



UNSHAKABLY COMMITTED TO HIS WORD

WEEK OF 02/15/26

WHEN EVERYTHING ELSE SHAKES

PSALM 119: 137-144

Silence (1-2 minutes)

Sit silently together as a group for a minute as a way to center your heart and invite the Holy Spirit help you listen to and receive God's Word.

Opening Prayer (2-3 minutes)

Read: Psalm 119:137-144

Devotional

We've been working through Psalm 119 for the past few Sundays, and today's devotional focuses on the nature of the Bible and why it's important to make the Bible's content a necessary part of our lives. The concept we want to unpack today is that the word of God is righteous, true, and worth it.

Technology has given us AI and it can be useful in many ways. Yet, it can also be used to create what we call "Deep Fakes." A deep fake is a video or image, in which a person's face, body, or voice has been digitally altered so that they appear to be someone else, typically used maliciously or to spread false information. The irony is that when we google "deep fake detection," we end up leaning on AI to determine if an AI generated deep fake is real or not!

1. How confident are you that you could spot an AI-generated fake today—and what would convince you that something was real?

Psalm 119:137 tells us that the word of God is Righteous in the aspect that it is the benchmark for determining everything else. It is the basis for life itself. It is "True" – that is, dependable. The advice from the Psalmist is that the word of God is something we can base our life on!

Read Psalm 119:137-138, 142 | The lesson found in these verses is that God's Word is righteous (i.e., the benchmark for everything else) and right (dependable). Altogether, the Big Idea for the whole stanza can be summarized in the following statement: ***God's Word is righteous, God's Word is true. And that makes all the difference in a storm.***

2. What in these 8 verses might let us know that the writer of this Psalm doesn't live a life insulated from life's calamities? Why is that important?
3. How can we know that the Word of God is dependable and built into the design of our lives?
4. What are some examples of thinking when we base our lives on things that are not how we're built and aren't true?
5. Why is it important that the Word of God is unchangeable?

Read Psalm 119:139-141 | These verses let us know that the word of God has been tested and proven true. The Psalmist says that we should not throw that away for a "deep fake." This can take on the form of podcasts or self-help books that promise "7 steps to a fulfilled life." If we're not careful, we can throw away the Word of God for something that doesn't work.

6. What kinds of ideas or actions can take the place of going to the Bible for answers?
7. How can we stay centered on the Bible when life is difficult or trauma clouds our thinking?
8. How do events like a bad diagnosis, or a death in the family or difficult relationships cloud our view of ourselves?

The Bible, the word of God, is dependable, unchanging and true and it is the anchor that keeps us. But the anchor is only good when we have it. Otherwise, when you are in a crisis, you frantically search for the anchor. God knows that we can't quit our job or school and spend every second memorizing the Bible. Yet, in Psalm 119:114 it says: "You are my hiding place and my shield"

9. What is a method that you can use to begin or strengthen your hold on the word of God?
10. What can you do in the next 7 days to start this?

Closing Prayer

Take our minds and think through them

Take our lips and speak through them

Take our hearts and set them on fire with love for you.

What we know not, teach us.

What we have not, give us

What we are not, make us

For Jesus Christ's sake.

Amen

Share Prayer Requests (10-15 minutes)